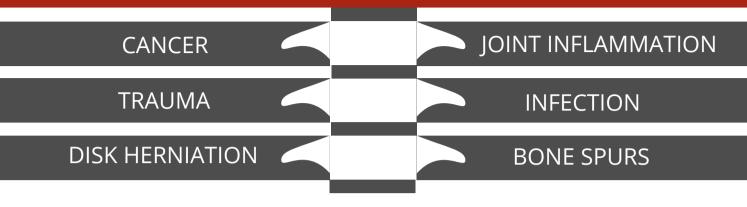
# COMMON CAUSES OF NECK PAIN



### NECK PAIN IS THE **NUMBER THREE** CAUSE OF CHRONIC PAIN

ACCORDING TO THE AMERICAN OSTEOPATHIC ASSOCIATION



## **DO I NEED AN MRI?**

AN MRI (MAGNETIC RESONANCE IMAGING) CAN BE A USEFUL TOOL IN DETERMINING THE SOURCE OF NECK PAIN. HOWEVER, NECK PAIN ALONE IS NOT REASON ENOUGH TO REQUEST EXPENSIVE INFORMATION.

## ASK DR. JOHANS



#### WILL SURGERY HELP MY NECK PAIN?

Your neck pain may be reduced greatly by surgery, but it is not reason enough to operate. In the case of pain, weakness or numbness shooting down the arm, the goal of the operation is to prevent further nerve damage. Other causes for surgery include cancer and neck instability. Your neurosurgeon will help determine if and when surgery is best for you.

## MORE INFORMATION AT WWW.TIMJOHANSMD.COM